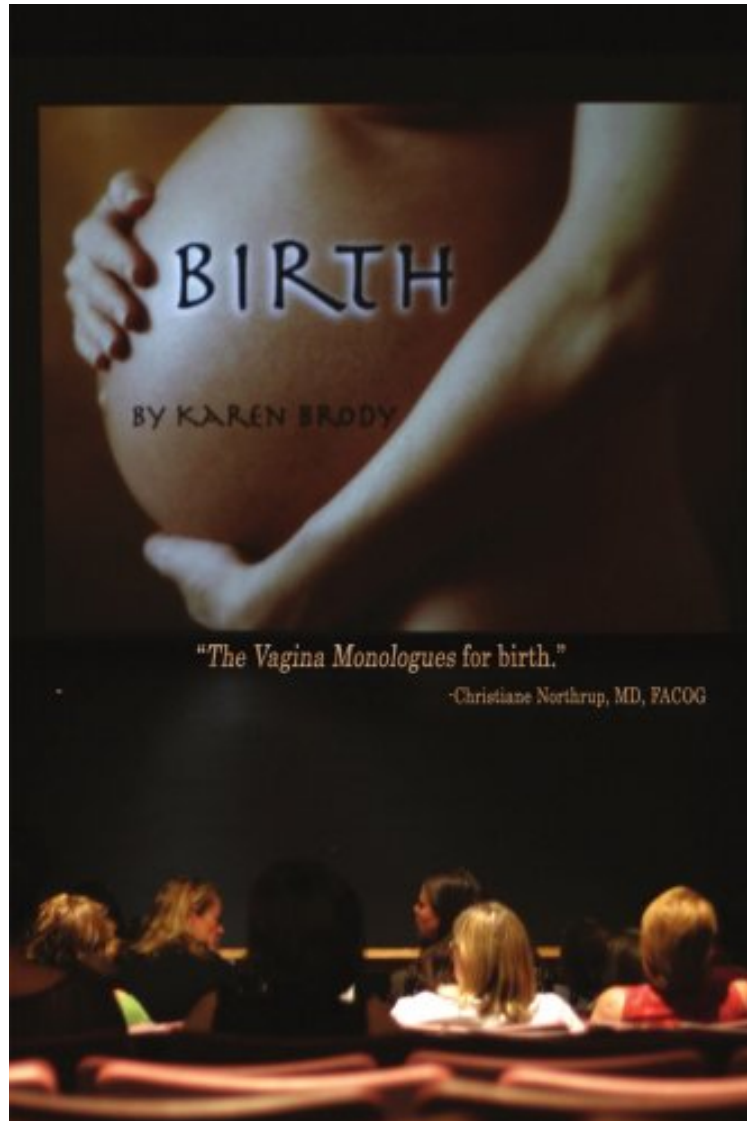


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Birth

Karen Brody

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Karen Brody : Birth before purchasing it in order to gage whether or not it would be worth my time, and all praised Birth:

1 of 1 people found the following review helpful. Great Views of Birth ExperiencesBy T. LandrethThis book/play provides many wonderful views of birth experiences, through the eyes and thoughts of the women who actually are giving birth. This isn't a book that downs the medical community or makes the health care providers look like heroes. On the contrary, this play shows what several different women experienced and those women are the heroes! Great

read! I'm hoping to have my local theater present this play in the Fall to continue my efforts of educating women, medical providers, and families about birth as a natural physical AND emotional process.

Birth is a documentary-style play based on interviews playwright Karen Brody conducted with mothers across America. It tells the true birth stories of eight women painting a portrait of how low-risk, educated women are giving birth today. Since 2006 the play has been performed around the world as part of BOLD, an arts-based global movement inspiring communities to create childbirth choices that work for mothers. This edition of the book includes the entire play, playwright's reflections, and the impact the play has had on BOLD communities. It also includes a foreword by Christiane Northrup, MD, FACOG, a well-known authority on women's health and wellness.

About the Author Karen Brody's critically-acclaimed play, Birth, is currently playing in theaters around the world as part of BOLD, a worldwide arts-based movement inspiring communities to create childbirth choices that work for mothers. She has written for Mothering Magazine and several other magazines. Brody produced a short film about BOLD, Being BOLD, in 2007. Before becoming a writer she was a community organizer working with women's groups in Belize, Guatemala, Kenya and New York City. Brody has a masters in Women and International Development from the Institute of Social Studies in The Netherlands. She is the founder and Artistic Director of BOLD (www.BOLDaction.org). Brody lives with her husband and two children in the woods.