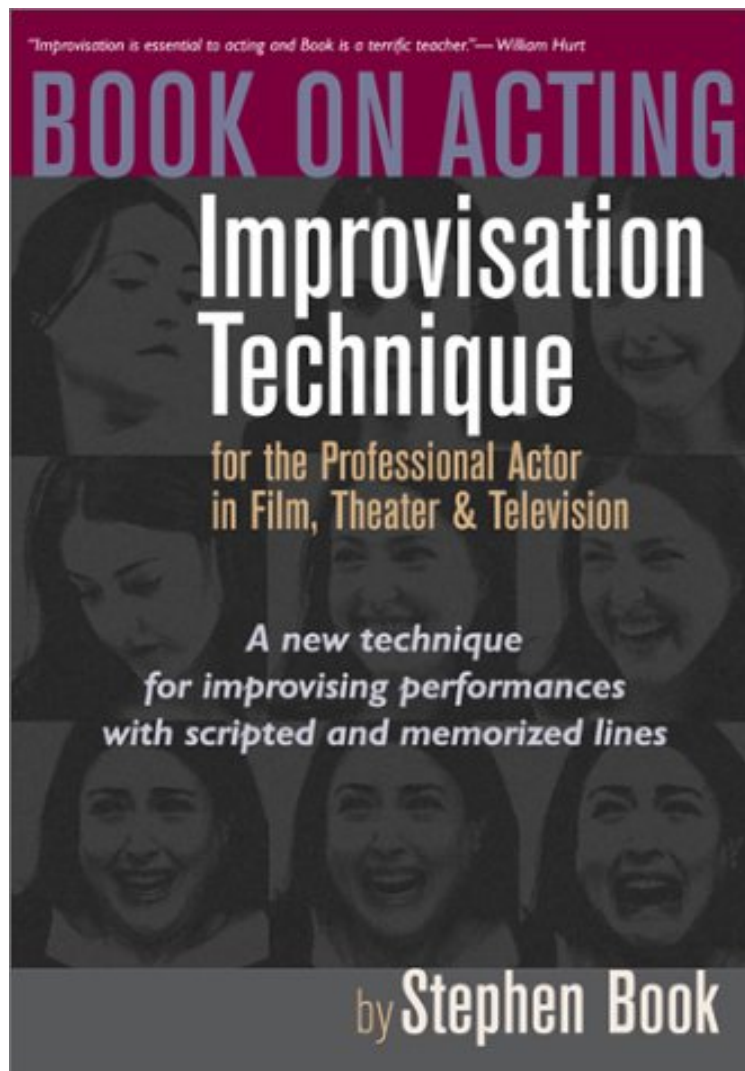


(Mobile pdf) Book on Acting: Improvisation Technique for the Professional Actor in Film, Theater, and Television

Book on Acting: Improvisation Technique for the Professional Actor in Film, Theater, and Television

Stephen Book

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Stephen Book : Book on Acting: Improvisation Technique for the Professional Actor in Film, Theater, and Television before purchasing it in order to gage whether or not it would be worth my time, and all praised Book on Acting: Improvisation Technique for the Professional Actor in Film, Theater, and Television:

2 of 2 people found the following review helpful. Stephen Book's Book is Excellent!By E. AlbertI've been studying at the Stephen Book Acting Workshop for a little over two years under Larry Drake. We use Stephen's book as a text book for the class (although, the class covers a few other topics not included in the book). This technique is a breath of

fresh air in a city (Los Angeles) where everyone talks about their "craft" and how "Method" acting is the only way to go. In a nutshell, Improvisation Technique is about trusting your instincts and applying full-body physicalization and improvisation to scripted text. There is also a bit of scene study, called "Point of Scene", where the text is broken down according to the author's intent for the whole of the script; rather than concentrating on "my" piece of the puzzle, this technique focuses on the puzzle as a whole and the role "my character" plays as a part of that whole. One thing I love about this book is that it is written as a text book that anyone could employ as a teaching tool. I'm fortunate enough to study with Larry, who has taken the class with Stephen three times. Stephen developed this technique from working with Viola Spolin. Included in the pages are several testimonials from working, famous actors (David Boreanaz, Maura Tierney, the late George Carlin), endorsing Stephen and his technique - but putting that aside, the technique itself is so simple and makes SO MUCH SENSE. It's a method of approaching acting in an authentic, organic way. Stephen described some of the "pros" best in the seminar I took with him before signing up for the class: As an actor, your instrument is your body. A dancer's instrument is also their body. A dancer would never pay for a class where they go and sit and watch other dancers dance for 90% of the time... so why do actors think this is normal? Stephen equated his classes as "going to the gym" for actors. In our classes, we "play" every class - several times over the course of four hours. I went to a performing arts high school, where I majored in theatre and I have a BFA in Acting, but "Improv" always terrified me. Give me words to say, and I'm fine - but have me be funny at the drop of a hat? I freeze. Improvisation Technique should not be confused with Comedic "Improv", but some of the same rules apply - never say "no"; trust your instincts; this emotion chose you, so choose it back, etc. I have grown so much as an actor in the past two and a half years, thanks to Stephen Book's Improvisation Technique. If you're looking for a way to amp up your acting style - or simply some fun theater games to play, I highly recommend this book. 1 of 1 people found the following review helpful. Fun, Informative and Makes you want to sign up for classes By Poetical Psyche This is one of my favorite Acting books, and I've read almost all of them. This is a monster of a text, filled with information, style and exercises. In a nutshell, Book's technique is a way of acting that uses a core of specialized improvisational technique to steer the student toward truthful acting. I love how the technique focuses on the experiential part of the actor and his instrument. Definitely will be looking to sign up for Book's classes one of these days. Highly recommend 1 of 1 people found the following review helpful. My teacher Stephen Book is the best. I have already booked 2 auditions that were ... By customer Well what can I say. My teacher Stephen Book is the best. I have already booked 2 auditions that were very important to me because of his technique. Thanks Mr. Book, you are the best thing in Hollywood.

Stephen Book is a top Hollywood acting coach and teacher and a theatre director. His students have won Oscars, Emmys, Tonys, Obies, and Grammys. Thirteen of his present or former students are featured in either starring roles or as cast regulars in the current primetime television schedule. This book contains film and television scenes in which Book-coached actors, used his Improvisation Technique to create their performances. These scenes, showing the actors' performance choices, demonstrate the use of Improvisation Technique in different genres of acting. Well-known theatre and film scenes are included, as well as scenes from such TV shows as 'Frasier', 'Melrose Place', 'Star Trek: Voyager', 'LA Law' and 'The Practice'.

Stephen Book manages to articulate a technique that both allows the actor to be specific in silence and active and emotionally affective when speaking. He helps you tap into that endless well which is human.--Viola Davis From the Publisher A new technique for improvising performances with scripted and memorized lines. The ability to improvise a skilled performance while speaking scripted and memorized lines is of paramount importance to actors working in today's film and television productions, which often allow very little if any rehearsal time. Through his innovative Improvisation Technique, Stephen Book shows the actor how to create a spontaneous performance by applying improvisation to traditional script-acting for film, theater, and television. Book on Acting begins with immediate training in how to improvise. Book's fundamental principle of improvisation is "Acting is doing, and there is always more to do." The actor learns what to do to keep himself in a spontaneous improvisational state. This Improvisation Technique is then applied to exercises with scripted lines, developing sophisticated improvisation skills for enhancing character, emotions, conflict, and agreement as well as improving the actors audition process. Also included is a unique process for breaking down scripted scenes into improvisation choices. Book on Acting contains film and television scenes in which Book-coached actors, used his Improvisation Technique to create their performances. These scenes, showing the actors performance choices, demonstrate the use of Improvisation Technique in different genres of acting. Well-known theater and film scenes are included, as well as scenes from such TV shows as Melrose Place, Star Trek: Voyager, L.A. Law, Frasier, and The Practice. Book's Improvisation Technique extends the work of Viola Spolin (author of Improvisation for the Theater). Book was Spolin's student, assistant, representative, and her partner in the Spolin Theater Game Center in Hollywood, where he served as executive director and principal teacher in the 1970s. From the Inside Flap Stephen Book's Improvisation Technique is creatively explosive! It has heightened my presence with new levels of freedom, authenticity and generosity. Right after completing Stephen's class I booked

BUFFY which led to ANGEL and films - David Boreanz A very intelligent and highly skilled teacher of acting. Actors find him exciting to work with and get a great deal from his particular form of teaching. - John Houseman
Coming as I did from stand-up comedy - and with a movie part in hand I was greatly in need of a teacher and a system which could bring out and begin to develop my natural skills in a short time. Stephan Book and his workshop were just such a combination. I continue working with him to my great benefit. - George Carlin