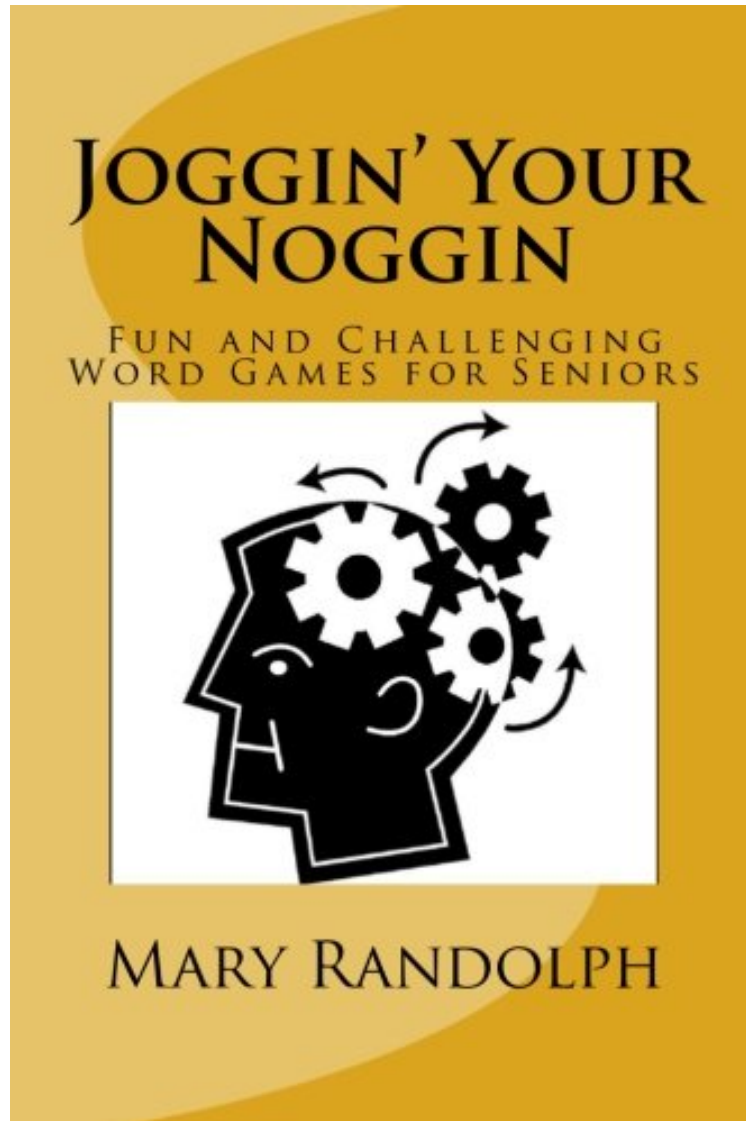


(Mobile library) Joggin' Your Noggin: Fun and Challenging Word Games for Seniors (Volume 1)

Joggin' Your Noggin: Fun and Challenging Word Games for Seniors (Volume 1)

Mary Randolph

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#51416 in Books Noggin Joggin' Books 2012-05-20Original language:EnglishPDF # 1 9.00 x .22 x 6.00l, .32 #File Name: 061564027388 pages | File size: 33.Mb

Mary Randolph : Joggin' Your Noggin: Fun and Challenging Word Games for Seniors (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised Joggin' Your Noggin: Fun and Challenging Word Games for Seniors (Volume 1):

0 of 0 people found the following review helpful. Five StarsBy T. MckiverGOOD! GREAT!! WONDERFUL!!!0 of 0 people found the following review helpful. Great BookBy MariI bought this for my senior parents for Christmas. They

have loved it. This book helps with recollection which is a great exercise for senior adults. I recommend this book for seniors to keep their memory clear. Joggin' Your Noggin gave them a lot of joy as they recalled other memories due to the books memories. 1 of 1 people found the following review helpful. Simple easy to follow ideas By SeekingSimple easy to follow ideas. Unfortunately the condition went so fast that I did not get much opportunity to use the activities, but I have seen them used with others to good effect.

The Joggin Your Noggin series of word games is aimed at improving the lives of people struggling with dementia. Unlike many Alzheimers activities books directed to caregivers, Joggin Your Noggin is designed to be completed by a person in mild to moderate stages, independently or with some support. Written by a Speech-Language Pathologist, the games offer an opportunity not only for fun, entertainment, and a sense of accomplishment, but also for essential mental stimulation. Complete the Song Title,, Name the Opposite, Picture the Description, and Fill in the Blank are but a few examples. When shared with caregivers, family or friends, meaningful interaction is automatic. Individual questions provide a springboard to reminisce about fond memories and create moments of shared joy. Activities Directors and Recreation Therapists will find a wealth of ready-made content to incorporate into group activities. The level of difficulty, based on vocabulary, varies from the simplest in Volume I to the most advanced in Volume IV. Answers are readily accessible on the following page or at the back of the book. Each volume contains over 70 games and is sold at a more affordable price than similar products. The Joggin Your Noggin series continues to receive very positive reviews.

About the Author The author, a Speech-Language Pathologist and graduate of the University of Connecticut, has over twenty years experience providing therapy to improve communication. Ms. Randolphs interests have recently turned to helping seniors who are struggling with dementia. Responding to a remarkable paucity of puzzles, games and books geared toward this population, she has developed the entertaining and stimulating word games presented in the Joggin Your Noggin series. It is her hope that they will provide many hours of pleasurable activity and enrich the lives of all who use them.